

## **FREMANTLE DOCKERS TRAINING FACILITY AND COCKBURN ARC FACT SHEET**

- Construction cost \$109m inclusive of all community and Fremantle Football Club facilities and is the largest combined community-club facility of its kind in Australia.
- Construction of the project commenced in July 2015.
- Constructed by Multiplex.
- Expected to be open to the public in mid-2017.
- Fremantle Football Club are planning on relocating to the facility prior to the start of the 2017 season.
- Will be the primary training and administration base for the Fremantle Football Club.
- 1 million visitations expected annually to the facility with the City of Cockburn having already sold in excess of over 1000 foundation memberships.
- The facility includes:
  - 25-metre indoor heated pool and 50-metre outdoor heated pool
  - Community warm-water therapy pool with spa and sauna
  - Three speciality pools: learn to swim, indoor water playground and three premier water slides.
  - Change facilities catering for families and school/group entry
  - A six-court multifunctional indoor training stadium that can be configured as a half football oval or for sports including basketball, netball and badminton and a 100m running track
  - Premium health club and separate studios for group fitness, mind and body classes and indoor cycle.
  - Specialist community facilities, including crèche, birthday party rooms, indoor children's play centre, meeting and function rooms
  - Café
  - 490 onsite car parks
  - A WA Institute of Sport and Swimming WA High Performance Training Centre
  - Main training oval big enough to replicate every AFL ground and a GPS program that shows instantly where goal posts and markings need to go to mirror venues and a community playing field
  - Altitude chamber with sleeping area for FFC players
  - FFC community function centre
  - Curtin University elite athlete training areas
  - Community-use café and allied health clinic
  - Shared-use Auditorium and Multimedia Studio

### **KEY FEATURES OF FFC AREAS**

- Lecture Theatre
  - 140 seat capacity lecture theatre for use by FFC and the community
  - Lecture theatre includes full video conferencing, broadcasting capabilities and digital media backdrop
- Players Change Rooms
  - Four times the size of the existing player change facilities at Fremantle Oval
  - Includes sixty individual players lockers
  - All lockers have power, USB charging points and ventilation
- Medical Areas
  - Three times the size of the existing medical facilities at Fremantle Oval
  - Medical and treatment areas allows FFC to treat up to 18 players at any one time
- Players Gym
  - Three and a half times the size of the existing player change facilities at Fremantle Oval
  - Includes specialised strength and conditioning equipment
  - Includes an altitude and heating training chamber
- AFL Oval
  - AFL oval has been designed to be configured to match the playing field dimensions of a number of AFL match venues around the country
  - The oval is approximately 175m long by 141m wide
  - Outdoor facilities adjacent to the oval include an artificial turf training surface area, a training sand pit and an outdoor trampoline
  - This is a first for any AFL club to be able to convert their main training oval to other field dimensions